

## WHEN LIFE NEEDS A STICKY NOTE...

Isn't it satisfying to cross an item off a to-do list? It's even more fun to complete a task on a sticky note and toss it. But some sticky notes are worth keeping and posting, especially those with messages that remind us of what's truly important in our lives.



The 2020 pandemic caused us to rearrange our priorities and refocus. Join Wayne as he shares personal stories and experiences designed to educate, entertain, inspire, and remind us of what matters most. Oh, and bring a few sticky notes with you... you might just want to jot something down.

### LEARNING OBJECTIVES:

1. Recognize that fiscal sanity protects your family, the roof over your head, and the food on your table.
2. Learn why you must have a will, centralize important documents, and ask parents how you can help with "aging in place."
3. Review proven techniques to minimize personal and professional stress.
4. Consider ways to love your life more!



**WAYNE KERR, DDS**  
SPEAKER | AUTHOR | CLINICIAN



RECOMMENDED AUDIENCE:	All Attendees
RECOMMENDED FORMAT:	90 Minutes